

ADMF and Martinsville Girls Basketball

The Martinsville High School girls basketball team stepped up and helped ADMF in a big way this year! They were a tremendous help at the 5K and we are truly thankful. We are so appreciative of all the help and support given from this amazing team and coaching staff. We were able to provide them a post game meal this past December and sit down to get to know them better. They are a wonderful and caring group. Thank you Lady Artesians!



ADMF and Amazon Smile

Help ADMF as you shop! Please don't forget to start your online shopping at [smile.amazon.com](https://smile.amazon.com) and select "Alaina Day Memorial Foundation" as your foundation of choice. Once you make this selection, Amazon will donate 0.5% of the sale to ADMF. Every little bit helps. Thank you to everyone who shops Amazon Smile!

Important Dates!

- April 14th - 11am-10pm  
Dine and Donate at Jagers
- May 19th - 10:30am-10pm  
Dine and Donate at City BBQ
- July - Every Thursday, all day  
Dine and Donate at Uno Pizzeria
- September 12th  
6th Annual "Because I'm Happy"  
Family Fun Run/Walk 5K
- Look inside for more information!

ADMF and helping other children

ADMF was truly honored to help out 4 children and families battling cancer this year. Words can't describe how much helping others in Alaina's honor means. Alaina would be so proud.

ADMF wanted to help these children and families with whatever they needed most. We were honored to do so and we hope we can continue to help them as well as other children. Please pray for these children and families, as well as all children and families battling childhood cancer. It is truly needed.

- ADMF was honored to help:**
- Alaina -IN
  - Avery - IN
  - Jaden - AL
  - Ruby - IL



ADMF was truly touched to help another Alaina. She is an inspiration to all just as our Alaina was. *Keep fighting Alaina!*

ADMF and Hi-Way Lanes

Please join ADMF for our 1st annual bowling fundraiser at Hi-Way Lanes on Saturday, March 7th!! The event will be from 10am - 12 pm.

All ages can participate - \$20 per participant  
2 hours of bowling and shoes included  
Hi-Way Lanes will give 50% of the bowling money raised back to ADMF! Please join us for a fun family event and help support ADMF!

- Saturday, March 7th 10am-12pm  
\$20 per participant  
Includes 2 hours of bowling and shoes  
Be sure to join us & show your support!

Alaina Day Memorial Foundation 5224 Shelbyville Rd., Indianapolis, IN 46237  
Email: [admf.becauseimhappy@gmail.com](mailto:admf.becauseimhappy@gmail.com) Facebook: [Alaina Day Memorial Foundation](https://www.facebook.com/AlainaDayMemorialFoundation)

Please visit ADMF's website!  
[Visit alainadaymemorialfoundation.org](http://alainadaymemorialfoundation.org)  
for more information on our foundation, updates on our giving, and information on our upcoming events!



Love, John and Megan  
We want to thank everyone for their continued love and support for our family and ADMF. It is hard to believe that 5 years have passed since we lost our Alaina. Her presence is missed every day and her sweet smile is forever in our hearts. We are truly thankful for all of the love shown, hugs given, donations received, and prayers for our family as we continue to try and carry on without our precious daughter. We hope you all always continue to think of Alaina whenever you hear the song "Happy".....and that it brings a smile to your face. Her beauty, strength, fight, and amazing spirit will continue to carry on as we strive to honor her in as many ways as we can. Thank you for remembering our Alaina and for helping ADMF spread her love to all.

Message from Alaina's Mom and Dad



Lives on in the spirit of the  
Alaina Day Memorial Foundation



## ADMF and "Because I'm Happy" Memorial Walk/5K

This past September ADMF hosted our 5th annual "Because I'm Happy" Memorial Walk/5K in Whiteland.....and it was a HUGE event! We had an amazing day!!! We added a few new things this year and were blown away with the amazing love and support shown in honoring our precious Alaina.

The day consisted of a 5K through the streets of Whiteland, a parade through Whiteland, a new 1 mile memorial walk to Alaina's favorite song "Happy", a live auction on stage, as well as a very successful silent auction event. What an INCREDIBLE event and we know Alaina would be so proud!!

ADMF would like to say a huge THANK YOU to **Key Auctioneers** for their help in running our auctions this year. They helped us to have our best auctions yet!!!! Thank you to all of the bidders and supporters of the auctions. Keep an eye out for our next auctions coming up this fall! (can we add their logo somewhere please)

Our 5K winner with a time of 23:40 was Nehemiah!!!! Congratulations Nehemiah. He received a \$50 Subway gift card and helped his school win a grant and trophy!! ADMF presented a \$500 grant and trophy to the Clark-Pleasant Elementary School PE Department with the most participants in our 5K.

Our winner was: Whiteland Elementary School! They have now won it 2 years in a row!!! Congratulations to WES!! Thank you to all of the students and staff and we hope to have an even bigger turnout this coming September!

Thank you to the town of Whiteland and all of the Greater Whiteland Community Day staff. Thank you for your hard work to make the day memorable. Thank you to all who came, who helped, who participated, who donated, who was a part of the day in any way.....it truly means so much to us. The generosity and participation allows ADMF to give back in so many ways and we are so grateful for the continued support! We look forward to another wonderful 5K coming up on September 12, 2020.

## ADMF and Riley Hospital

ADMF was honored to be able to go back to Riley Hospital again this year to donate Melissa and Doug sticker books and tennis shoes in Alaina's honor. These were by far Alaina's favorite things while she was at Riley. Her beauty and strength walking the halls with her purple shoes on will forever be remembered.

A big THANK YOU to **Shoe Carnival** for helping us make this large shoe donation possible. ADMF hopes these shoes make other children "Happy" and that they can show their strength walking the halls.

## ADMF and Scholarships

ADMF is honored to once again present three Whiteland Community High School seniors planning to study nursing or medicine with a \$2,000 scholarship each this spring. ADMF is now in our 5th year of presenting these scholarships and after this spring.....we will have presented \$28,000 in scholarships!!! We are so thankful to be able to do this as we hope these students can develop an amazing bond with their patients, just as Alaina did with her medical team during her battle with cancer.

## ADMF and Sponsors

ADMF would like to say a HUGE thank you to all of our sponsors for our 5th annual "Because I'm Happy" 5K! Your generosity and support mean so much to ADMF!!



We also had so many companies and individuals donate items for our auctions and we are so thankful to each and every one of you. A big thank you to **Jeff Gordon Children's Foundation** for their generous donation of an autographed car! A big thank you to **Trademark Surfaces** for their generous countertop installation package!!! Also thank you to all of the local sports teams for their ticket and item donations. All of the items donated helped us to have our best auctions yet! THANK YOU!!

Please let ADMF know of any business or company that would be interested in becoming a sponsor for our 5K this September. We would appreciate so much any sponsors and thank you in advance for your consideration.

## ADMF and Dine and Donates

There will be 2 opportunities this spring to come eat and support ADMF. ADMF will be at Jagger's and City BBQ. There will be an additional opportunity to donate this summer. Please join ADMF any Thursday in July at UNO's to celebrate Alaina's birthday month! Come in any time on any Thursday in July and UNO's will give a % back to ADMF! Thank you for helping us celebrate Alaina's birthday! Please watch our Facebook page for the flyers and come join us!!



7833 South U.S. 31  
Indianapolis, IN 46227

Tuesday, April 14th 11am - 10 pm  
20% will go towards ADMF!!!

Choose from 2  
great locations!



7863 U.S. 31, Indianapolis, IN 46227 or  
1356 Rangeline Rd., Carmel, IN 46032

Tuesday, May 19th 10:30 am-10 pm  
25% will go towards ADMF!!

EST. 1943



4740 E. Southport Rd.  
Southport, IN 46237

All day, every Thursday in July  
Percentage of every purchase to ADMF



Save the date: 6th Annual  
"Because I'm Happy"  
Memorial Walk/5K  
Sept. 12th

